
HER CONSTITUTION our CONSTITUTION

The first line of the following verse can be said as Stationed in the Three, supporting the Seven, born of the Five, She grows. It would also be correct if we said, we grow rather than She grows. Thus the words are very cryptic. While they refer to the actual formation of the River, its origin, its contributing tributaries etc, they also refer to our constitution. The Three then refers to our three shareeras or bodies , the causal, the gross and the subtle collectively known as shareera traya. This passes through the three states or *avasthaatraya*, the waking, dreaming and sleeping states. The Seven refers to our physical matrix the *dhaatus*, such as astee bone, rakta blood tissue, medha fatty tissue, majja nerve tissue, *tvak* epiderma tissuel, shukla secretory and mamsa flesh tissue. The Five refers to the five principles that is the raw material for all births such as agni, vaayu, aap, aakaasa and prithvi. The all round growth of the individual is based on the health of the above. This is related to wealth and nourishment of all kinds. It is this plenitude that is called vaaja. The concluding line requests through invocation the availability of this plenitude again and again. Sarasvati who has been referred to previously as vaajineevati is the one to provide for this.

मण्डल ६ सूक्त ६१ ऋक् १२ ऋषि बार्हस्पत्य देवता सरस्वती

त्रिषधस्था सप्तधातः पञ्चजाता वर्धयन्ती ।

वाजे वाजे हव्या भूत् ॥

Stationed in the Three, supporting the Seven and born of the Five is the growth. May plenitude be available again and again subject to this praise.